



#EpilepsyEquity  
#EndEpilepsy

## YOU CAN NOW BE CERTIFIED IN SEIZURE FIRST AID!

### ABOUT EPILEPSY

Epilepsy, also known as seizure disorder, is a neurological disease characterized by two or more unprovoked seizures occurring more than 24 hours apart. A seizure is a sudden surge of electrical activity in the brain, comes in many forms, and can affect consciousness, movement, and sensation.

### ABOUT THE TRAINING

The Epilepsy Foundation is launching the first and only **FREE** Seizure Recognition and First Aid Certification training to support the 3.4 million people in the U.S. with epilepsy. This training provides information to increase the knowledge, skills, and confidence in recognizing seizures and safely administering seizure first aid. This program is part of the Epilepsy Foundation's efforts to END EPILEPSY® and ensure the safety and well-being of people with epilepsy.

### WHAT YOU WILL LEARN

- How to recognize signs of a seizure
- How to respond with proper seizure first aid
- When to call for help

### WHY SHOULD YOU KNOW SEIZURE FIRST AID?

Seizures can happen anywhere and at any time. Knowing how to help someone during a seizure can make a difference and save a life. The Seizure First Aid Certification training provides information to increase the knowledge, skills and confidence in recognizing seizures and safely administering seizure first aid.

### WHO SHOULD BE SEIZURE FIRST AID CERTIFIED?

Seizure First Aid Certification is designed for people who:

- Have a family member, loved one, or friend with seizures.
- Have a job where you provide care for people with seizures.
- Have a job where you work with the public or work with someone who has seizures.
- Coach or lead groups.
- Work, play or live in areas or settings where seizures could occur.



Next class: **WEDNESDAY, JUNE 22, 2022**  
**6:30 – 8:15 p.m.**

**PLEASE SEE THE INSTRUCTIONS FOR REGISTRATION AND FOR TAKING THE MANDATORY PRE-COURSE KNOWLEDGE ASSESSMENT ON THE REVERSE SIDE OF THIS FLYER.**